



Anorectal Manometry Instructions

This test is designed to measure the function of your rectal and anal muscles. It is commonly performed for people with constipation, fecal incontinence, or rectal pain. A small catheter will be placed inside your rectum, and you will be asked to perform several maneuvers while the strength and coordination of your muscles is measured by a computer. The test lasts about fifteen minutes, and most people feel little to no discomfort at all.

To prepare for this test, you will need to take a Fleet enema two (2) hours before your appointment, and another enema one hour before it. If you have kidney disease, please discuss this with the office when you schedule your procedure.

Do not eat for four (4) hours before this test. You do not need to skip any medications.

Female patients who have this procedure during their menstrual period are asked to use a sanitary pad rather than a tampon, as the presence of a tampon can affect the test results.

If you need to reschedule or cancel the manometry, please call the office at 212-996-6633. Failure to do so with at least forty-eight business hours' notice will result in a "no-show" fee of \$250.

Please make sure that you have any necessary referrals, or the procedure may be cancelled.