

Push Enteroscopy Instructions:

Medication Alert

- **If you take any of these medications, please contact the NYGA office immediately.**
Heparin, Lovenox, Warfarin (Coumadin), Rivaroxaban (Xarelto), Apixaban (Eliquis), Edoxaban (Lixiana, Savaysa), Betrixaban (Bevyxxa), Clopidigrel (Plavix), Prasugrel (Effient), Dabigatran Pradaxa), Bivalirudin (Angiomax), Argatroban (Argatra, Novastan, Arganova, Exembol), Brilinta (Ticagrelor) and Desirudin (Iprivask, Revasc)
- **If you take diabetes medications, contact your primary care doctor right away for instructions.**
- **If you take any of these or other novel diabetes or weight loss medications, please inform your NYGA doctor since these medications will need to be adjusted or the procedure will be cancelled.**
Semaglutide, Wegovy, Ozempic, Rybelsus, Liraglutide, Sexenda, Victoza, Dulaglutide, Trulicity, Tirzepatide, Mounjaro, Zepbound, Exenatide, Byetta, Bydureon, Lixisenatide, Adlyxin
- **DO NOT skip your blood pressure medications including the days before and the day of your procedure. If taking blood pressure medication within 3 hours of the procedure, drink no more than a few sips of water.**

Beginning 7 Days Before Your Procedure

7 Days Before	<ul style="list-style-type: none"> • Arrange for someone to pick you up after your procedure
8 Hours Before	<p>NO solid foods. Only clear liquids including:</p> <ul style="list-style-type: none"> • Water • Apple, white grape, and white cranberry juices without pulp • Clear soup broth • Tea or coffee (NO milk, cream) • Gatorade / Powerade (NO red, orange, or purple colors) • Jell-O (NO red, orange, or purple colors) • Popsicles or sorbet (NO red, orange, or purple colors) • NO alcohol
3 Hours Before	<ul style="list-style-type: none"> • NO FOOD OR DRINK (INCLUDING WATER) WITHIN 3 HOURS OF PROCEDURE

Additional Information

- **Arrive 1 hour early.** Arriving late could lead to your procedure being delayed or canceled.
- Upon arrival, females of childbearing age are legally required to provide a **urine sample for a pregnancy test.**
- After your procedure you must not drive for the rest of the day. If you are over 75 someone must escort you home.
- **Need to cancel your procedure? Please notify our office as soon as possible. You will be charged a cancellation fee of \$250 if the procedure is not cancelled at least 2 business days before your scheduled procedure time.**